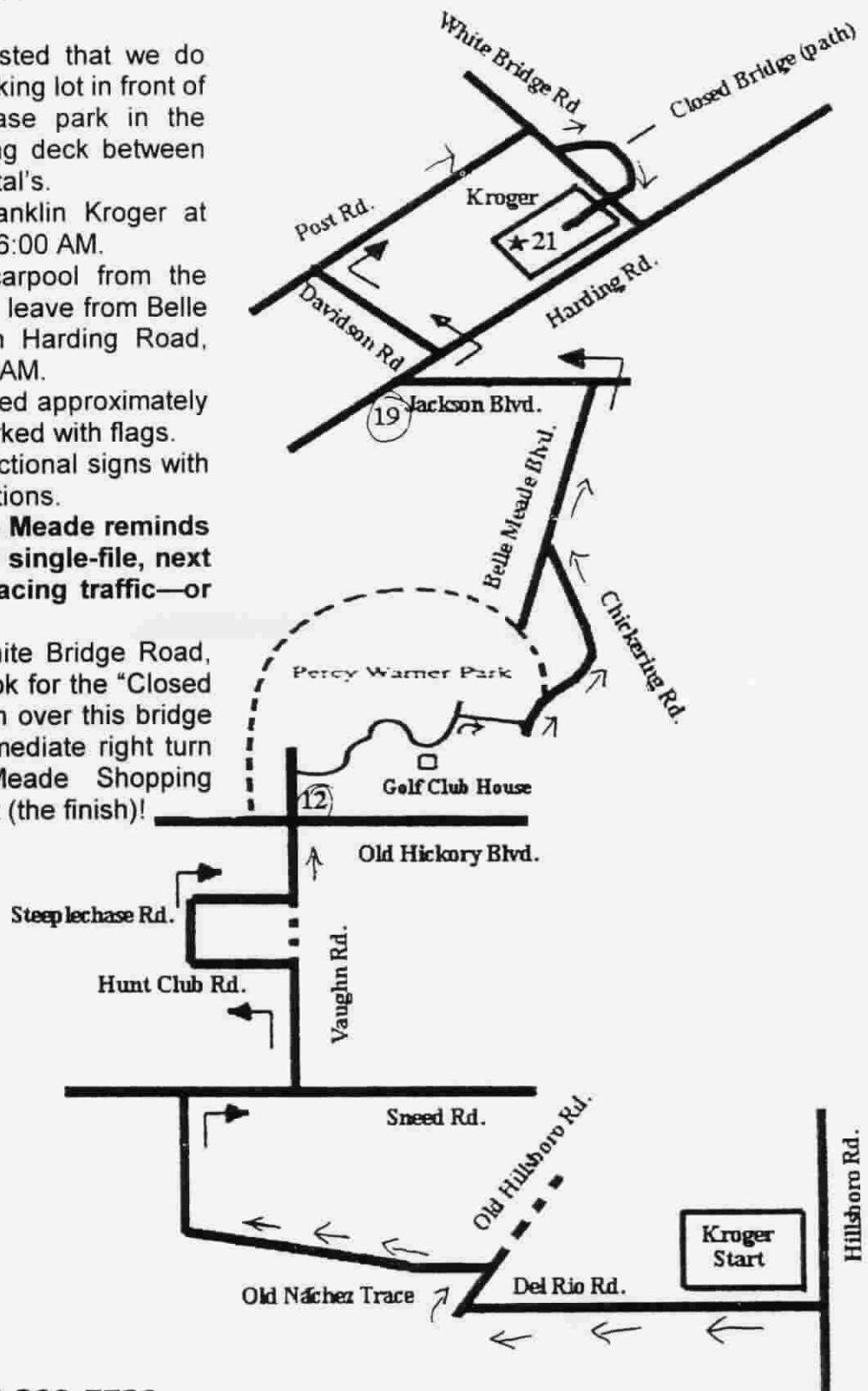


**Kroger to Kroger
Country Music Marathon
21-Mile Training Run
Sunday, April 6th
6:00 AM**

- 1) Kroger has requested that we do not park in the parking lot in front of their store. Please park in the upper level parking deck between Kroger's and Crystal's.
- 2) Run starts at Franklin Kroger at Hillsboro Road at 6:00 AM.
- 3) If you want to carpool from the finish, be ready to leave from Belle Meade Kroger on Harding Road, no later than 5:15 AM.
- 4) Fluids will be placed approximately every 4 miles, marked with flags.
- 5) Look for pink directional signs with arrows at intersections.
- 6) **The City of Belle Meade reminds all runners to be single-file, next to the median, facing traffic—or risk a ticket!**
- 7) After crossing White Bridge Road, keep right and look for the "Closed Bridge" sign. Run over this bridge and make an immediate right turn to the Belle Meade Shopping Center parking lot (the finish)!



**To Volunteer
Please call:
Katherine (615) 309-7739
Smitty (615) 851-2630**