## **Nashville Striders Summer Picnic and 5K Run**

## **Additional Details**

* 5K Fun Run, Free to members and their family
* We’re going old school on the timing. Bring your watches!
* Non-members can join the Striders for $20 on site and the run is free
* There is no electricity at the pavilion shelter
* Alcohol is prohibited in Warner Parks

Register 4:30P

Run 5:30P

Potluck dinner 6:30P

Announcements and Grand Prix awards following meal

**GREAT NEWS! A very generous striders member has offered to provide pulled pork and sauce for the entire group of attendees!  The club will provide buns. No need to bring any other proteins unless you don’t like or cannot eat BBQ pork.**

**Bring sides to share (veggies, fruit, desserts, appetizers)**